




"It's Not Just Kicking & Punching..."

L.I. NINJUTSU MMA Centers

...It's Martial Arts & Beyond!"

www.Lininja.com or call 631-321-5432



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults All Ranks 10:30 - 11:30 AM		Adults All Ranks 10:30 - 11:30 AM		Adults All Ranks 10:30 - 11:30 AM	Little Warrior Ages 2 - 4 9:00 - 9:30 AM
Little Warrior Ages 2 - 4 4:00 - 4:30 PM	Private Lesson Time Slot	Little Warrior Ages 2 - 4 4:00 - 4:30 PM	Little Warrior Ages 2 - 4 4:00 - 4:30 PM	Little Warrior Ages 2 - 4 4:00 - 4:30 PM	Mighty Warrior Ages 5 - 7 9:00 - 9:45 AM Beginner - Blue
Mighty Warrior Ages 5 - 7 4:30 - 5:15 PM Beginners & Yellow	Mighty Warrior Ages 5 - 7 4:30 - 5:15 PM Beginner - Blue	Mighty Warrior Ages 5 - 7 4:30 - 5:15 PM Beginners & Yellow	Mighty Warrior Ages 5 - 7 4:30 - 5:15 PM Beginner - Blue	Mighty Warrior Ages 5 - 7 4:30 - 5:15 PM Beginner - Blue	Youth All Ranks 9:30 - 10:30 AM
Mighty Warrior Ages 5 - 7 5:15 - 6:00 PM Green - Blue	Competition Team 5:15 - 6:15 PM	Mighty Warrior Ages 5 - 7 5:15 - 6:00 PM Green - Blue	Youth Ages 8 - 12 5:15 - 6:00 PM Beginner - Yellow	Youth Ages 8 - 12 5:15 - 6:00 PM Beginner - Yellow	Adults All Ranks 10:00 - 11:00 AM
Youth Ages 8 - 12 6:00 - 7:00 PM Green - Purple	Youth Ages 8 - 12 6:15 - 7:00 PM Beginner - Yellow	Youth Ages 8 - 12 6:00 - 7:00 PM Yellow - Blue	Youth Ages 8 - 12 6:00 - 7:00 PM Green - Purple	Youth Ages 8 - 12 6:00 - 7:00 PM Green - Purple	Competition Team 11 - 12:15 PM
Youth Ages 8 - 12 6:00 - 7:00 PM Brown - Black	Adult All Ranks 13+ 7:00 - 8:00 PM	Youth Ages 8 - 12 6:00 - 7:00 PM Brown - Black	Youth Ages 9 - 15 6:00 - 7:00 PM Brown - Black	Youth Ages 9 - 15 6:00 - 7:00 PM Brown - Black	 Black Belt Club Last Monday of Every Month Mighty Warrior 5:00 - 6:00 PM Youth 6:00 - 7:00 PM Adult 7:00 - 8:15 PM
Adult All Ranks 13+ 7:00 - 8:00 PM		Adult All Ranks Black Belt Training 13+ 7:00 - 8:00 PM	Grappling/MMA Ages 13+ All Ranks 7:00 - 8:00 PM	Adult All Ranks 13+ 7:00 - 8:00 PM	
The Last Monday of Every Month LW - MW - 5 - 6 PM, Youth 6 - 7 PM, Adults 7-8:15 PM, All Regular Classes Cancelled					

Private Lessons and Birthday Parties are available at your convenience. Schedule starts February 5th, 2018