

"It's Not Just Kicking & Punching..."



Shin Shin Dojo East Islip

36 Hawthorne Ave East Islip, N.Y. 11730

631 224-3122

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Warrior Ages 2 - 5 4:30 - 5 pm	Little Warrior Ages 2 - 5 4:45 - 5:15 pm	Little Warrior Ages 2 - 5 4:30 - 5 pm	Little Warrior Ages 2 - 5 4:45 - 5:15 pm	Little Warrior Ages 2 - 5 4:30 - 5 pm	Instructor Training ITP/TLCD at West Islip 8:00 - 9:00 AM
Mighty Warrior Ages 5 - 8 yrs All Ranks 5:00 - 5:45	Mighty Warrior Ages 5 - 8 yrs All Ranks 5:15 - 6:00	Mighty Warrior Ages 5 - 8 yrs All Ranks 5:00 - 5:45	Mighty Warrior Ages 5 - 8 yrs All Ranks 5:15 - 6:00	Mighty Warrior Ages 5 - 8 yrs All Ranks 5:00 - 5:45	Mighty Warrior Ages 5 - 8 yrs All Ranks 9:00 - 9:45
Youth Ages 8-14 Beginner - Green 5:45 - 6:30 pm	Youth Ages 8-14 Blue - Black 6:00 - 7:00 pm	Youth ages 8-14 Beginner - Green 5:45 - 6:30 pm	Youth Ages 8-14 Blue - Black 6:00 - 7:00 pm	Youth Ages 8-14 Beginner - Purple 5:45 - 6:30 pm	Little Warrior Ages 2 - 4 9:45 - 10:15 am
Adult Ages 14 & Up All Ranks 6:30 - 7:30 pm	Adult Ages 14 & Up All Ranks 7:00 - 8:00 pm	Adult Ages 14 & Up All Ranks 6:45 - 7:45 pm West Islip Headquarters	Adult Ages 14 & Up All Ranks 7:00 - 8:00 pm	Youth Brown and Black & Adults All Ranks 6:30 - 7:30 pm	Youth & Adult 9 up to adults 10:15 - 11:15 am
			<p>New Schedule begins 2/27/2017 If you have any questions or struggles, simply call us and we will figure out a solution for you.</p>		

Black Belt Club Meets the Last Monday of Every Month, Please Check in to Confirm Location, All Regular Classes are Cancelled